# ABLE2 Project Support from Genius Within

Support for young people (aged 16-24) living in London with a physical disability and/or long-term health condition, who are Not in Employment, Education or Training (NEET).





SUPPORTED BY

**MAYOR OF LONDON** 





## What is it all about?

Genius Within has partnered with Barnet & Southgate College on their Ability not Barriers to Learning and Employment 2 (ABLE2) project. ABLE2 aims to support neurominorities in London aged 16-24 to achieve sustained employment, education, or training. ABLE2 is a free service co-funded by the Greater London Authority (GLA) and European Social Fund (ESF).



# Who are Genius Within?

At Genius Within we specialise in working with neurominorities; this includes neurodiverse/ neurodivergent conditions such as Autism, dyslexia, dyscalculia, dyspraxia, Tourette Syndrome, acquired brain injury, ADHD and other mental health conditions. We support individuals to unlock their 'inner genius' and recognise key strengths so that they can work at their best.

Genius Within has good connections with a range of London organisations and can help you access employers, training providers and educational institutions that suit you.



#### Eligibility

To participate in this project:

- You will need to be 16-24 years of age on the day you sign up.
- You will need to live in one of the 32 London Boroughs, or in the City of London.
- You must not be in employment, education or training (NEET).
- You must have a physical disability and/or long-term health condition.

The project supports referrals from, and ongoing engagement with, young people, parents, guardians, local authorities, schools, health and social care services, community centres, voluntary and community sector organisations, job centres and more.



#### What to expect from us...

Once you are enrolled onto the ABLE2 project, you will be assigned a dedicated caseworker who will lead a team of professionals to provide wrap around support for you throughout the project.

Together with your caseworker you will create a bespoke training plan (BTP), including goals to work towards. During this time, we will also assess your Maths and English/ESOL levels to determine whether you require any additional support in these areas.

Following successful progression into employment, education, or training you will be provided with support for 26 weeks. This support might include:

- Weekly contact with your caseworker and monthly reviews of your progress.
- Suggesting reasonable adjustments to employers, teachers, or trainers that will allow you to work at your best.
- Co-coaching with you and your employer, teacher, or trainer.

## What we expect from you...

During your time on the project, we expect you to:

- Be open and honest with us.
- Actively participant in the project and show commitment by actively looking for employment, education, and training opportunities.
- Treat staff and other learners with respect.
- Report any behaviour by staff or other learners that you deem unacceptable to your caseworker.
- Inform us if your personal circumstances change.
- Attend sessions, appointments or training on time, or call your caseworker in advance to inform them that you cannot attend or are going to be late.

#### Sessions

Once your training plan is created, you will take part in one-to-one and/or group sessions. The topic of the sessions will depend on your goals and the support you require. Some examples of what a coaching session might focus on include:

- Understanding personal strengths and weaknesses
- Time management
- The impact of stress and how to manage this
- Memory
- Organisational skills
- Concentration
- CV/cover letter building
- Job search/application support \_\_\_\_\_
- Interview technique
- and more

We will also provide you with an opportunity to access short courses and occupational competencies, such as the Construction Skills Certification Scheme (CSCS).



# How to get involved?

If you would like to refer yourself or someone else, or if you would like more information about the project, then please do get in contact.

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